I have been using the Model of Human Occupation in a mental health setting and have started using some of the assessments, in particular the OSA and OCAIRS. I was wondering how you then go on to use these assessments as outcome measures. I would appreciate any information. Thanks.

Susan Madden, OT, Adult Mental Health, Royal Cornhill Hospital, ABERDEEN, Scotland

Hi Susan,

I work in an acute psychiatric unit and regularly use the Mohost assessment tool which is really useful. It can be used the first time you observe a client engaging in activity and then at subsequent intervals. The team I work in use it following our weekly Art assessment group on the ward to identify change but it can also be used for individual sessions and at point of discharge. It then gives a clear indication of any change (or not!) and in what area(s) this has occurred therefore providing you with an outcome measure. I haven't used the OSA and OCAIRS and so can't comment on them. Hope this is helpful.

Clare Schembri

Susan-
The newest edition of the OSA has key forms, which research has shown can be used to show change in occupational competence and value for occupations over time- this manuscript is currently being prepared for publication.

Jessica