Model of Human Occupation

Archived List Serv Discussion

Initial assessment

Date: Mon, May 29, 2006 2:34 pm

I’m a community OT in Northamptonshire in the UK. At present we are looking for a model that we can use to develop an initial assessment tool. Can anyone give me some advice regarding using MOHO.

Many Thanks

Karen Dunkley

May 30, 2006 5:13 pm

Alex-
I recommend you look at the following assessments: (assuming you are working with adults).
1) The MOHOST- A an overall picture of occupational participation, and considers volition, habitation, skills, and environment. This was developed by a clinician in the UK for initial assessment in inpatient psychiatry.

2) The OCAIRS or the OPHI-II are nice interview tools that allow you to better understand a person's occupational profile and establish rapport. The OPHI-II has the additional benefit of giving you an idea of the person's occupational history in more depth, and also has key forms that give you client scores on each OPHI-II scale.

3) The OSA is a self report that would be an excellent tool to complete in collaboration with the clients to establish goals for intervention

Hope this helps!
Jessica

ps- please check out more information on these assessments by visiting each page at http://www.moho.uic.edu/assessments.html, reading about the assessments in the evidence based practice search at http://www.moho.uic.edu/evidence_based_practice.php, and also check out the free downloadable assessments at http://www.moho.uic.edu/mohorelatedrsrcs.html#OtherInstrumentsBasedonMOHO
May 31, 2006 3:43 am

Dear Alex

I work in mental health rehabilitation and use a variety of MOHO assessments, the assessments I most commonly use at initial assessment stage are MOHOST, OCAIRS and the OPHI II.

I find that the MOHOST provides a very useful screening assessment for those who are not well enough to engage in an interview based assessment, if the client is well enough to sit through an interview I particularly fine the OCAIRS very useful, not only in gaining a client centred perspective but also to keep me firmly based in occupational therapy and highlighting within an MDT our different unique approach to working with patients.

The response form the MDT has been positive and has seemed to give MDT members a clearer understanding of our role.

I hope this is of some use

Laura Akers

June 1, 2006 9:30 am

Here at UIC in the hospital we use the MOHOST (mini version as our length of stay is so brief) predominately on the inpatient adult unit, the OSA and OCAIRS in our day program, and the adolescent uses a revised COSA that targets adolescents in Behavioral Health OT. I recommend people becoming familiar and using all the MOHO tools and then looking at your at each population you serve and using the one that best meets your need to collect data.

Sarah Skinner